



**Himalayan Glory  
Travels and Tours**  
"Holiday Planner in Himalayas"

# Himalayan Glory Kailash Tour and Travel Services

## Gokyo Valley Trek

### Trip Overview

**An unorthodox trekking adventure in Everest that has everything to cater of the fascinating Khumbu Region**

An offbeat approach that takes you close to Everest and flanking 8000m plus peaks, Gokyo Valley Trek is a great trekking holiday in Everest to explore relatively less trodden trails and less explored villages of Khumbu. The Gokyo Valley Trek begins at Lukla after the short scenic flight from Kathmandu.

Gokyo Valley Trek chases the same trail of Everest Base Camp Trek until Namche. Beyond Namche, the trail deviates towards relatively peaceful trails. Via Sherpa hamlets like Dole and Machhermo, the trek ends up at Gokyo. However, there are so many destinations around Gokyo Valley for a trekker to explore. As the trek cross passes through first and second lakes of Gokyo and arrives to the third lake for the overnight stay, trekkers have an advantage on the edge to hike up to Gokyo Ri for the fascinating views of Everest, Lhotse, Cho Oyu and Mount Shisapangma among others. Moreover, the hike to the fifth lake from the teahouse in Gokyo highlights exceptional view of Ngozumpa Glacier, which is the longest glacier in Nepal.

Gokyo Valley trek is a moderate trek in Everest Region, that has authentic Sherpa culture, the walking fun through pleasant woodlands of Sagarmatha National Park and the great diversity of floral and faunal species.

Enjoy a holiday in the offbeat region of Everest and take a taste of trekking in Nepal's alpine regions.

### Trip Highlights

**Day 1: Day 1: Arrival in Kathmandu airport and transfer to hotel**

**Day 2: Day 2: Kathmandu half day sightseeing and necessary preparation for the trek**

**Day 3: Day 3: Fly to Lukla (2700m) and trek to Phakding (2600m)**

**Day 4: Day 4: Trek to Namche Bazaar (3450m)**

**Day 5: Day 5: Excursion to Thame Monastery and back to Namche Bazaar**

**Day 6: Day 6: Trek to Khumjung (3800m)**

**Day 7: Day 7: Trek to Dole (4000m)**

**Day 8: Day 8: Trek to Machermo (4400m)**

**Day 9: Day 9: Trek to Gokyo (4750m)**

**Day 10: Day 10: Excursion Gokyo Ri (5350m) and trek to Na (4400m)**

**Day 11: Day 11: Trek to Phortse (3800m)**

**Day 12: Day 12: Trek to Namche Bazar (3450m)**

**Day 13: Day 13: Trek to Phakding (2600m)**

**Day 14: Day 14: Trek to Lukla (2800m)**

**Day 15: Day 15: From Lukla fly back to Kathmandu**

**Day 16: Day 16: Kathmandu free day**

**Day 17: Day 17: Transfer to international airport**

## **Cost Include**

- Airport picks up & drops.
- Hotels at Kathmandu as per itinerary.
- All meals & accommodation during the trekking period.
- All Entrance fee and Trekking permit(TIMS).
- Domestic airfare and airport tax.
- Highly experienced guide and staffs.
- Staffs food, clothing, salary and insurance.
- All necessary grounded transportation.
- Travel & Rescue arrangements.
- Welcome & farewell dinner in Kathmandu at typical Nepali restaurant.

## **Cost Exclude**

- Visa fees
- International air fare
- Personal expenses (phone calls, laundry, bar bills or extra porters)
- Excess baggage charges
- Rescue & Evacuation
- Travel and rescue insurance
- Lunch & evening meals in Kathmandu.
- Tips for guides and porters (for staff)

## **Route Map**

### **Joint Group Cost:**

US\$