

## **Himalayan Glory Travels and Tours**

## Langtang Gosainkunda Trek

## **Trip Overview**

Trek to the sacred lake in Langtang Region, that brings thousand Hindu pilgrimages every year...

Langtang Valley is known as the valley of glaciers and frozen lake. This incredibly beautiful valley ringed by the magnificence of lofty Himalayan peaks and lush woodlands of Langtang National Park enjoys two major river systems; Trishuli and Budi Gandaki making the place the best-suited habitat for birds and wild species. Langtang Gosainkunda Trek is a pilgrimage trek that winds through the remote trails inside the Langtang National Park.

Beginning the trek from Syabrubenshi we move towards beautiful Langtang valley, crossing rivers and high passes. The spectacular mountains surrounding the valley sprawl right before our eyes and to be so close to Mother Nature is defiantly a unique experience for the first timers.

A little further up the valley is Kyangin Gompa, where you stop overnight. You pass through Nubamatang, nestled in a hidden valley, on your way up to view the glaciers, which is considered the gateway to Tibet. You travel through Syabru and Sing Gompa to a high plateau, where the sacred lake Gosinkunda is located. Crossing the Lauribinayak Pass (4610m.), you continue south, leaving the Langtang region behind you as you travel through the Helambu valley to Gul Bhanjyang.

The powerful quake has affected the region so badly that the trek is suspended. However, the works of reviving the walking adventure to the sacred lake is going on rapidly and once all things are set we will let you know.

## **Trip Highlights**

Day 1: Day 1: Arrival to Kathmandu airport and transfer to hotel

Day 2: Day 2: Half day valley sightseeing tour and necessary preparation for the trek

Day 3: Day 3: Drive to Syabru Bashi(1450m) and overnight teahouse

Day 4: Day 4: Trek to Lama hotel (2400m)

Day 5: Day 5: Trek to Langtang Village (3400m)

Day 6: Day 6: Trek to Kynging Gompa (3800m)

Day 7: Day 7: Hiking around Tserkuri back to Kyngin Gompa

Day 8: Day 8: Trek to Trek to Lama hotel(2400m)

Day 9: Day 9: Trek to Thulo Syabru Village (2400m)

Day 10: Day 10: Trek to Sing Gompa (3300m)

Day 11: Day 11: Trek to Gosainkunda (4300m)

Day 12: Day 12: Explore Gosainkunda Lake and Back to Cholang Pati (3700m)

Day 13: Day 13: Trek down to Dhunche guest house.

Day 14: Day 14: Drive Back to Kathmandu hotel

Day 15: Day 15: Free day in Kathmandu

Day 16: Day 16: Transfer to international airport.

#### **Cost Include**

- All ground transport as per itinerary.
- Sightseeing in Kathmandu with professional city tour guide.
- Tourist stander hotel in kathmandu with B/B plan.
- Full board Langtang Valley and Gosainkunda trekking, English speaking guide, support team and their needed insurance and meals.
- All needed Langtang Gosainkunda Trekking permits, TIMS and Langtang National Park Entry fees. Rescue arrangement and bag store in kathmandu.

### **Cost Exclude**

- Nepal visa and int't flight.
- Lunch, dinner and meals as per itinerary.
- All kinds of bar bills and beverages like cold drinks, hot drinks and other as per not mentioned.
- Insurance and for emergency rescue services
- Personal equipment and clothing.

# **Route Map**

# **Joint Group Cost:**

US\$1700