



**Himalayan Glory  
Travels and Tours**  
"Holiday Planner in Himalayas"

# Himalayan Glory Kailash Tour and Travel Services

## Kailash Mansarovar Full Moon

### Trip Overview

#### Kailash Mansarovar Full Moon Tour

The Mount Kailash Full Moon Tour is typically lasts 16 days and starts in Kathmandu, Nepal. It involves a combination of overland travel and trekking, culminating in the sacred circumambulation (or Kora/parikrama- an 52km/32 mile trek ) of Mount Kailash and the touching the feet of Mt. Kailash from north side ([Charan Sparsh](#)). The tour is often timed to coincide with the full moon night stay experience in the holy lake Mansarovar, which holds special spiritual significance in Hindu, Buddhist and Jain religious traditions.

#### Pilgrimage Journey once-a-lifetime

A Kailash Full Moon tour is a pilgrimage, adventure and spiritual journey in Tibet by Road. The Kailash full moon Tour is combining cultural exploration that takes devotees to one of the most sacred and enigmatic mountains in the world. This tour combines adventure, spirituality, and natural beauty, offering a rare opportunity to experience one of the holiest places in Asia during a full moon time. Full Moon tour to Mount Kailash from begin from 2025 May until October via Kathmandu we offer in low cost in high class service.

#### Mount Kailash and its Significance

Mount Kailash, located in the remote Tibetan Plateau in the Tibet Autonomous Region of China. Mt. Kailash (6,638 meters/21,778 feet) is considered the physical and spiritual center of the universe by several major religions including Hinduism, Buddhism, Jainism, and Bon. It is believed to be the abode of Lord Shiva in Hinduism, and a pilgrimage to Kailash is seen as an opportunity to purify one's soul and attain enlightenment. The mountain is revered for its unspoiled beauty, with its distinctive four-sided peak that rises sharply above the surrounding Tibetan plateau.

The [Kailash Mansarovar](#) region is also significant due to the Mansarovar Lake and Mt. Gormandata, which is believed to be the source of spiritual power and a place for deep meditation and purification to get the positive energy for lifetime.

The typical Mount Kailash full moon yatra adds a magical atmosphere to the already serene surroundings, with the lake reflecting the moonlight. Altitude sickness can be a concern, so proper acclimatization is critical. Most tours build in rest days to help you adjust.

# The Kailash Kora Trek (Circumambulation)

The trek around Kailash 52 kilometers (33 miles holy walk) is a physically demanding experience that requires high-altitude acclimatization. The trail passes through remote monasteries, snow-capped peaks, and deep valleys.

The full moon time adds an ethereal glow to the mountain, enhancing the mystical experience of the pilgrimage. Devotees walk in a clockwise direction, as is traditional, performing prayers, chanting mantras, and offering prostrations along the way.

## Best Time to Visit Mt. Kailash

The Mount Kailash Full Moon Tour is usually conducted during specific full moon dates, which generally occur during May to October. This period is considered the best for both weather and spiritual reasons. The peak months for such tours are generally May, June, July, August, September, and October. During these months, the weather is relatively clear, stable, and the trek around Kailash is manageable.

## Travel Considerations

**Physical Fitness:** Given the altitude (up to 5,630 meters on the Kora Dolma-La Pass) and the rugged terrain, trekkers should be in good physical condition and able to handle high-altitude trekking.

**Travel Permits to Kailash:** As Tibet is an autonomous region of China, all travelers must obtain a special Tibet Travel Permit, which is usually arranged through a licensed Kailash Tour Operator from Nepal. You also need a Chinese visa that comes in a group base paper.

**Cultural Sensitivity of Mansarovar Lake:** Mount Kailash is a deeply sacred site, so it's important to be respectful of local customs, dress codes, and religious practices.

**Respect for Local Culture of Tibet:** Mount Kailash is sacred to millions of people, so always act respectfully, avoid loud behavior, and maintain a peaceful, reflective demeanor.

Whatever, the Mount Kailash Full Moon Tour is a once-in-a-lifetime opportunity for those seeking both a physical and spiritual journey. It's more than just a trek and tour; it's a pilgrimage that challenges you physically, mentally, and spiritually. The chance to witness the full moon's glow over the sacred mountain and the surrounding landscape adds a profound, almost mystical element to the experience. If you're looking for a unique pilgrimage adventure that blends nature, culture, and spirituality, the Mount Kailash Full Moon Tour is an unforgettable choice.

## Important Update: Kailash Charan Sparsh is Banned

As of now, the Kailash Charan Sparsh walk remains closed due to the ongoing ban from Chinese local authority. Pilgrims are still permitted to perform the traditional Kailash Kora (circumambulation) around Mt. Mount Kailash, which is considered equally meritorious. Alternative spiritual practices, are also encouraged to maintain the sanctity of the pilgrimage. And, offer you extra miles pilgrimage path to the Asthapada drive and walk. Asthapada is a part of Kailash Inner Kora where you can get up-close darshan of Kailash Parbat south face and Nandi Parbat.

# Trip Highlights

- Sacred Parikrama around Mount Kailash: This spiritual circle trek is one of the main attractions of the Kailash tour. Many believe that completing the Kora/parikrama brings spiritual benefits, get the positive energy including the washing away of past sins.
- The Holy Lake Mansarovar: The serene, high-altitude lake is an important part of the journey, and many pilgrims take a ritual worship nearby lake in its waters. Hindu Brahman/Guru perform the spiritual puja ([Rudrabhishek and Hawana](#))
- Full Moon Experience at Mansarovar Lake: Pilgrims believe that the full moon amplifies the spiritual energy and the feeling of heaven, some believe that night Lord Shiva and Goddess Parvati come together to take holy bath in the lake at mid night time with the face of star. Making this a particularly powerful time for the journey is one of lifetime experience.
- Tibetan Culture: Experience the unique Tibetan way of life, from traditional monasteries and prayer flags to local customs and cuisine.
- High-Altitude Trekking: The journey involves trekking at altitudes of over 4,500 meters, providing a true test of endurance and stamina.

## **Day 1:: Day 1: Arrival in Kathmandu - Transfer to Hotel.**

Welcome by our team with the flower and Rudraksha Gralen, transfer to Hotel, proceed for Chinese Visa. Dinner

## **Day 2:: Day 2: China Visa Process, Yatra Preparation and Spiritual activities with tours.**

China Visa proceed, yatra briefing by tour leader, Manager and Temple tour in Kathmandu.

## **Day 3: Day 3: Spiritual day in Kathmandu**

Same time Rudraabhishek and Hawana at Pashupatinath Temple, Aarathi, Shaktipith Darshan, Doleshwor Mahadev Temple Darshan and Sleeping Vishnu Temple.

## **Day 4: Day 4: By drive to Rasuwagadhi China border.**

Take a drive from Kathmandu to Rasuwagadhi Border 160km. The drive take about 6 hours and it goes along the mountain trails with scenic beauty natural scenarios. Stay at standard hotel run by locals.

## **Day 5: Day 5: Complete Nepal China Immigration and drive to Kerung County 2700m.**

Complete the Nepal and China immigration process and meet the Tibetan Guide in China Post. Take a short drive 27km to Kerung within hour along the scenic drive through river bank. Stay at Kerung and walk around to get acclimatize.

## **Day 6: Day 6: Kerung to Saga Drive**

Take a 5 hours drive along the Tibetan mountains, high mount passes and cross the Brahmaputra River. Stay at Saga

## **Day 7: Day 7: Saga to Parayang Drive**

Journey to Parayang along the Chinese highway via small Tibetan villages and Dongba. In the day, visit the Brahmaputra river sources.

### **Day 8: Day 8: Drive to Mansaroar Lake via Hor Tsu**

Drive to Hor Tsu 'the first blessing point and darshan of Mt. Kailash and Mansarovar Lake. Change the Blue bus provide by local community and drive to Tsu Gompa taking a clockwise drive around the Mansarovar Lake. Great view and darshan of Rakash Tal known as Lang Tso in Tibetan Speak.

### **Day 9: Day 9: Spiritual day and drive to Darchen**

Spiritual dat Mansarovar Lake, Take holy bath, puja, hawana and drive to Darchen. Prepare for Kailash Kora.

### **Day 10: Day 10: Kailash Kora Trek to Dirapuk**

Drive to Yam Dwar 'god of the death' darshan of Mt. Kailash and trek around the Kailash. Trek to Dirapuk, good darshan of Kailash North face.

### **Day 11: Day 11: Kailash Charan Sparsh (optional day)**

Today is optional day for Kailash Charan Sparsh Trek. Touching the feet of Mt. Kailash from north side. It is a day trop to return from Dirapuk. **Important Update: Kailash Charan Sparsh is Banned** As of now, the Kailash Charan Sparsh walk remains closed due to the ongoing ban from Chinese local authority. Pilgrims are still permitted to perform the traditional Kailash Kora (circumambulation) around Mt. Mount Kailash, which is considered equally meritorious. Alternative spiritual practices, are also encouraged to maintain the sanctity of the pilgrimage. And, offer you extra miles pilgrimage path to the Asthapada drive and walk. Asthapada is a part of Kailash Inner Kora where you can get up-close darshan of Kailash Parbat south face and Nandi Parbat.

### **Day 12: Day 12: Trek to Dilma-La pass and hike to Zutulpuk Gompa.**

This pilgrims trail is 52km long circle from Darchen to Darchen and it goes 5630 meter elevation.

### **Day 13: Day 13: Trek to Darchen and Drive back to Saga**

We complete the Kailash Kora trek and drive back to Saga along the Mansarovar Lake to complete the Parikrama and stay hotel at Saga.

### **Day 14: Day 14: Saga to Kerung Drive**

Return journey to Kerung via High pass you will get in low altitude area and greenery. Stay night at Kerung it will be last night in Tibet-China.

### **Day 15: Day 15: Cross China Nepal Border and drive back to Kathmandu**

The final day of yatra, proceed for China Nepal Immigration after 1 hour drive from Kerung. After that drive back to Kathmandu by Jeep. Hotel

### **Day 16: Day 16: Final day - Transfer to Airport**

KMY farewell, say good by and transfer to Airport for onward flight.

## **Cost Include**

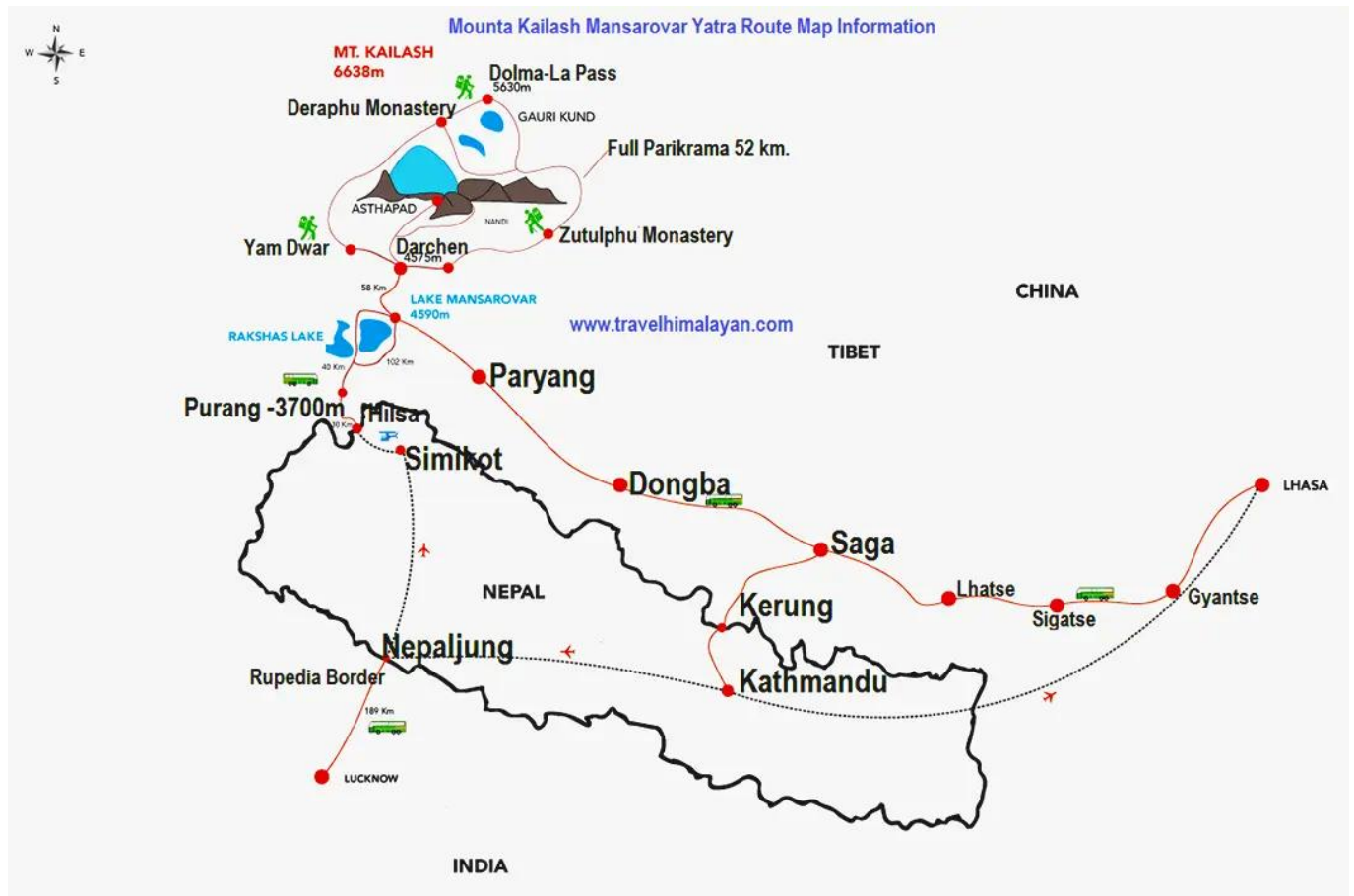
- Pick up and drop from Airport.

- As per itinerary hotel accommodation in Kathmandu on 5 star hotel with full board vegetarian meal.
- Hotel in Kathmandu – 4 nights in Hotel Radisson or Similar on twin/double sharing.
- Hotel in Sybarubashi/Timure – 1 night in neat and clean guest house twin/double sharing with common bath/hot shower.
- Hotel in Keyrong/Tibet – 2 nights in neat and clean 3 star hotel double/twin sharing.
- Hotel in Saga Tibet – 2 Nights neat and clean 4 star hotel China or similar on twin\triple sharing.
- 3 Star Hotel in Parayang in twin/triple sharing.
- Mud house/guest house in Mansarovar Lake – 1 Night neat and clean guest house on multiple sharing, outside bathroom without running water.
- Hotel in Darchen – 1 night twin/triple sharing hotel Himalaya or similar with limited time hot shower and private bath.
- Lodge in Kailash Kora – 2 nights at Dirapuk monastery and 1 night in Zutulpuk Monastery multiple sharing mud house, outside bathroom without running water, need to use toilet paper.
- Special puja entry ticket to Pashupatinath darshan, Rudraabshishek, Hawan by pandit.
- Yatra Support Team crews from Nepal – Cook, Cook helper, Sherpa, guide and driver.
- Fresh cooked vegetarian meal by our cook. Hot and cold drinking with unlimited mineral water to drink.(Breakfast, Lunch, Dinner).
- Tibet Travel permit and group Visa, Tibetan Guide, All Monastery and Kailash entry permits.
- Complementary kailash yatra duffel bag, light weight backpack, down jacket and walking pole (to be refund after the yatra), Yatra bag as complementary.
- Professional, reliable, friendly and service oriented Nepali leader fluent speak in English and Hindi language and English speaking Tibetan guide in Tibet.
- Air condition luxury bus and support truck for carrying yatra bag, equipment, food and staff. (Chinese side Chinese bus and Nepal Side Nepali Bus)
- Life saving Oxygen tank, mask-regulator support- **we offer high quality portable oxygen tank that use for Everest Expedition, it ensure to use long time if needed** (for emergency) and first aid kit with high altitude sickness medicine.
- Daily Health check by our train staff (Pulse Rate, Heart breath, Pressure, Oxygen Level)
- Yaks and yaks man to kailash kora for Baggage and Kitchen stuff.
- Travel insurance for Nepali staff and guide include emergency evacuation and medical support.
- Yatra complete certificate as lifetime memory.

## Cost Exclude

- All expenses of personal nature Nepal-Tibet
- Personal Travel insurance and Rescue Evacuation on the tour in the worse case
- Bar bills and Beverage
- Tips for staff and guides
- Kailash Tour Rescue jeep encase needed if some one go back earlier than group
- Extra cost incurred in case of Landslide or natural problem.
- [Nepal visa and Re-Entry Nepal visa](#).
- International Phone calls and media, roaming services.
- Personal clothes & equipment for trekking tour

# Route Map



## Joint Group Cost:

US\$2950