



**Himalayan Glory  
Travels and Tours**  
"Holiday Planner in Himalayas"

# Himalayan Glory Travels and Tours

## Kailash Mansarovar Tour from Lhasa

### Trip Overview

## Kailash Mansarovar Tour from Lhasa

Kailash Kora Trek with Mansarovar Lake Tour from Lhasa - is a sacred pilgrimage journey to the Roof off the world that takes pilgrims to the Holy Mount Kailash and Lake Mansarovar. Both located in the remote regions of Tibet, China. The scenic places have been revered by Hindus Buddhists, Jain and Tibetan Bonpo religion practitioners. Embark on this Kailash Kora Trek and Mansarovar lake sacred tour with Himalayan Glory that conduct directly from Lhasa City.

Lhasa is the largest city of Tibet, is often the starting point of the Kailash Journey. The culturally and spiritually significant city for Buddhist People home of precious landmarks like Potala Palace, Jokhang Temple, Barkhor Tibetan Market Street. Where, you will spend your time to get acclimatize for high altitude mountain sickness before reaching the Kailash Kora Trek.

The Kailash Kora and [Mansarovar Lake Journey](#) typically involved a driving tour to Yamdwar via Mansarovar Lake by a luxury bus. The KMY yatra route from Lhasa passing through scenic Tibetan Landscapes, majestic mountains and the passes along the holy Brahmaputra River bank.

### The Magical Mansarovar Lake

Mansarovar Lake is a clean and fresh water lake in the Tibetan plateau is consider the spiritual and ritual source of every pilgrimage. Spent a night along the Mansarovar Lake side pilgrims often perform spiritual and ritual practices, praying and involve for meditation events and bathing in its holy waters for purity.

### The Mount Kailash Parikrama

Darchen is small pilgrimage town known as base camp of Kailash Kora Trek for pilgrimage where the Kailash parikrama begin and end for devotees.

Mansarovar Lake and Darchen is consider for acclimatization is essential to experience the common altitude sickness symptoms to ensure more rest, drink more liquid and foods and necessary precautions. From darchen, pilgrims often complete a kora (the holy circle trek of Mt. Kailash) of the Kailash Mountain on foot. Which is believed to bring the purification and spiritual enlightenment for lifetime. While taking a yatra to [Kailash Charan Sparsh](#) to touch the feet of Kailash Parvat physically everyone grace by Lord Shiva and they feel heaven in earth. Mount Kailash is considered the abode of Lord Shiva by Hindus and sacred site in Jainism and Bon. Pilgrims believe that completing the kora purifies their sins. The Kailash Kora is physically demanding journey in the high altitude mountain area that goes up to 5630 meter above the sea level. The Kailash Parikrama trek involves walking

through rough, high-altitude-terrain, passing beautiful but challenging mountain slopes where oxygen level are low to breath.

The accommodation facilities along the [Kailash Mansarovar Yatra via Lhasa](#) route are optimistic and basic. Pilgrims generally get four star hotels to the mud house or dormitory lodges without the bathroom and water facilities in the sleeping rooms. In Lhasa, Lhatse, Saga and Darchen offer luxury stay in Chinese star hotels and need to consider for Mansarovar Lake and during the Kailash Parikrama in dormitory either mud house.

Summer months generally from May to October between days consider to be the best time to Visit Kailash Mansarovar pilgrimage sights. The weather is more stable, sunny and the roads are accessible and taking a horse and yaks during the Kailash Parikrama trek goes without any problem.

Mount Kailash, Lake Mansarovar and Tibet is part of China, you need a Chinese visa to travel to Tibet, along with a Tibet Travel permit that Himalayan Glory organize you before arrive in Lhasa. Special entry tickets and permits is required to Visit Mansarovar Lake and Kailash which organize through a group Kailash tours with Tibetan Guide.

## **Transformative Pilgrimage Journey**

Experience the Kailash Kora Trek and Mansarovar Lake Tour from the Roof of the World Lhasa by overland drive within 13 days via Mt. Everest, The tour is not only a pilgrimage yatra but also embarking on a transformative journey through sacred landscape of Trans Himalayan range Tibet.

## **Trip Highlights**

- Visit the Lhasa city - the Spirituality gateway - Potala Palace
- Experience the Kailash Kora Trek and Mansarovar Lake Tour from the Roof of the World Lhasa by overland drive within 13 days via Mt. Everest
- Experience the night stay and spirituality in the sacred Mansarovar Lake
- Visit the Brahmaputra river the gateway of Mount Kailash
- Mount Kailash Kora Trek - The sacred pilgrimage walk around the Kailash

### **Day 1: Day 01: Arrival Lhasa Airport and Transfer to Hotel 90km drive.**

Our guide will welcome in Lhasa Gonggar airport, than drive to City of Lhasa which is around 90 km. After checking in the hotel the rest of the day is free for acclimatization.

### **Day 1: Day 02: Explore the Cultural hub of Tibet - Lhasa, Potala Palace and Jhokang Temple**

Today we will have a tour around Lhasa city. The tour includes Potala Palace , the Jokhang and the surrounding Bakhor market. The rest of the day is free for activities.

### **Day 3: Day 03: Travel from Lhasa to Sigatse along Brahmaputra River**

After breakfast we drive to Shigatse city which is the capital of Tibet. After Checking in the hotel you are granted an hour to visit and explore the second largest city of Tibet. This includes the world famous Tashilhunpo Monastery.

#### **Day 04: Day 04: Drive from Sigatse to Parayang**

After Breakfast we drive to Parayang via Saga which is around 7-8 hours from Shigatse. In Parayang we meet our Nepali staff and crew who arrived from Kathmandu. During our drive we can see Mt. Everest, Mt. Shishapangma and other beautiful mountains. We also touch the Brahmaputra river and pass through it. We check into the hotel. The meals are all prepared by our crew.

#### **Day 05: Day 05: Drive from Parayang to Manarovar Lake - Clockwise drive to Lake**

After breakfast we prepare for our journey to Mansarovar Lake.. We drive via Dongba to Mansarovar Lake. We get the best view of Tibet Nomad, The Himalayas, Brahmaputra River and the wildlife. We will have lunch at Mayumla Phadi. After lunch we cross the Mayumla Pass (which is one of the highest passes). We complete a half parikrama of the Mansarovar lake followed by an overnight stay at Tsu Gompa which lies at the west side of Mansarovar lake. You can clean your soul by touching the holy waters of Mansarovar lake. The meals throughout the day are prepared by our staff.

#### **Day 06: Day 06: Spiritual and Ritual day in Manarovar Lake, drive to Darchen**

We start our morning by taking a holy bath in the Mansarovar lake. We will look for a special point where we can take a dip into the holy lake's cold water. After the bath we will conduct a Puja, Hawan and other spiritual activities. After the activities we have free time till lunch. After lunch we take a drive to Darchen which is around 40 km from Mansarovar Lake. After reaching Darchen we prepare for Kailash Parikrama. The meals throughout the day are prepared by our staff.

#### **Day 07: Day 07: Kailash Kora Trek to Dirapuk - Kailash North Face - Parikrama day one**

After breakfast we take a drive from Darchen to Yamadwar (Gate of God of the death). From here we start our trek to DiraPuk which is around 11 km. The accommodation is very basic dormitory room on sharing basis. We can see the best view of Kailash Parvat's North side. We can hike up for a closer and better view. You can rest and refresh in the hotel where our crew provides you with soup and drinks.

#### **Day 08: Day 08: Touch Kailash Trek - Kailash Charan Sparsh day return**

We are going to trek along the Gange river to the feet of Mt. Kailash. The walk is gradual uphill to charan sparsh and the walk back is downhill upto DiraPuk Monastery. We will be walking around 6 to 7 hrs and about 12 km. We can see a mesmerizing view of Kailash Parvat from the top and we can also see the whole north side view. Our yatra team consists of a full support team and we have oxygen just in case of an emergency.

#### **Day 09: Day 09: Kailash Trek to Zutulpuk Gompa over Dolma-La Pass**

This is the longest day of the trip and the main goal of Kailash Mansarovar Yatra. We start yatra very early in the morning after a quick breakfast and drinks. The sacred walk we are going on passes through Shivatsal. We also pass the highest pass i.e Dolma La pass which is around 5630 m above sea level. We also pass through Parvati Kunda. We trek to Zutul Puk monastery. Overnight stay at very basic mud house with dormitory beds in Zutul Puk monastery side. The meals throughout the day are prepared by our staff along with hot drinks

### **Day 10: Day 10: Trek to Chongdo - Drive to Darchen then Saga**

We eat breakfast early in the morning. After breakfast we take a 2 hours sacred walk to Chogndo. After our final sacred walk we drive back to Darchen. The holy kailash parikrama is completed and we drive back to Saga via Mansarovar Lake which makes the full kora of Mansarovar. We check in to the Hotel in Saga. The meals throughout the day are prepared by our staff.

### **Day 11: Day 11: Drive to Sigatse - The Capital city of Tibet**

This is the last breakfast from our crew here in Saga. After breakfast our crew will return back to Kathmandu. We will drive to Lhasa with our guides. Lunch and dinner are both provided in a clean and hygienic restaurant. The return journey to Shigatse consists of a beautiful view of Mt. Everest and Himalayas. We will check into a hotel in Shigatse.

### **Day 12: Day 12: Drive to Lhasa and Explore the Tibetan City and Market. Last Night in Tibet**

We continue our journey back to Lhasa city from Shigatse via Lhatse. The drive is around 9 hrs. The rest of the day is free as we prepare to exit Lhasa and Tibet the next day. It will be the final night for Kailash Tour.

### **Day 13: Day 13: Free morning and transfer to Airport fly to onward destination**

We take breakfast early in the morning and get ready to proceed towards the Airport in Lhasa. Say final good bye from here.

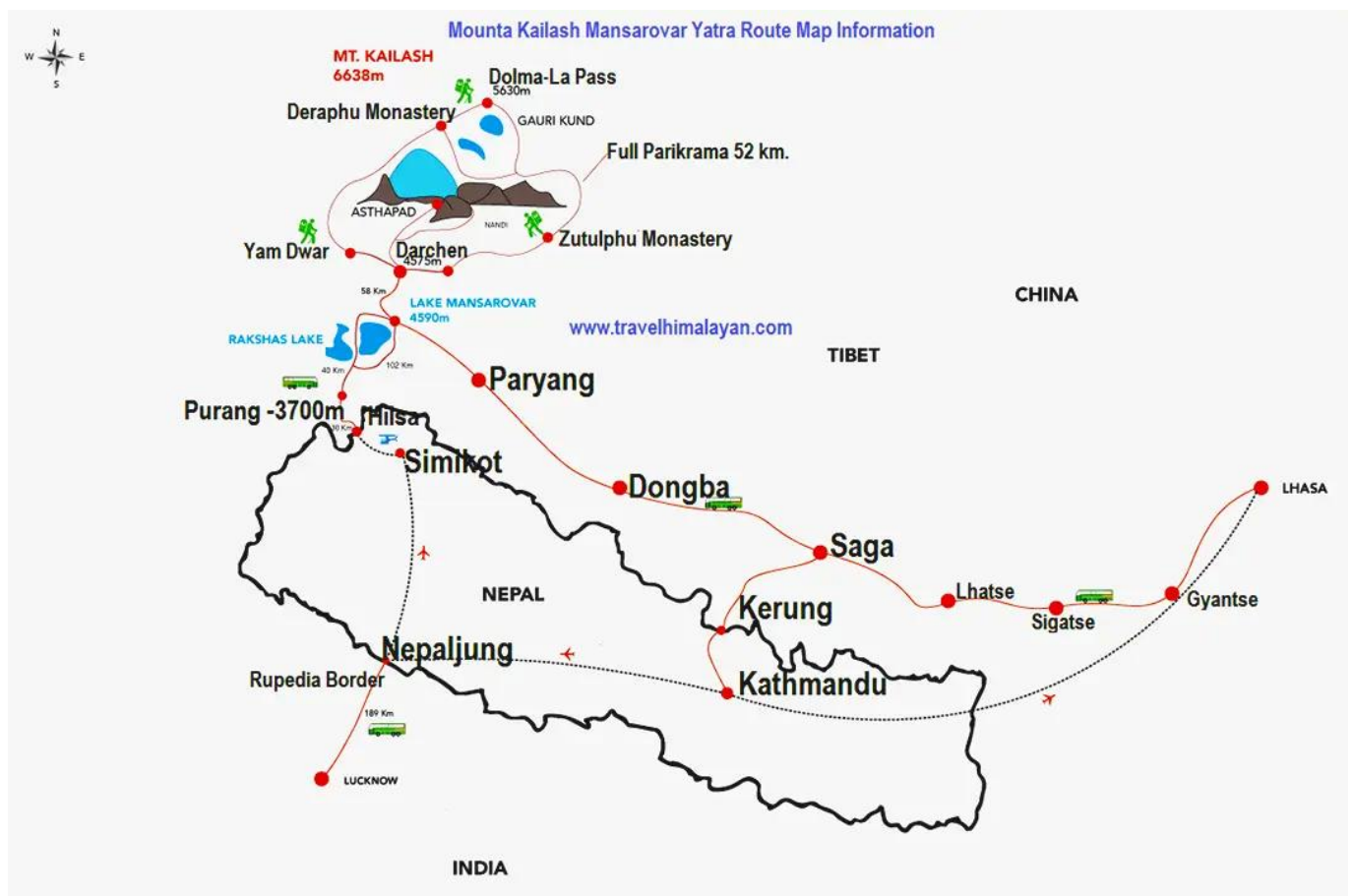
## **Cost Include**

- Lhasa Airports pick up and drop off service.
- Necessary kailash yatra permits, Chinese group visa, kailash entry tickets and applicable government taxes before arriving in Lhasa.
- 5 Star hotels in Lhasa, 4 Star hotels in Sigatse, Saga and Darchen, very basic mud house in Mansarovar Lake and during kailash parikrama.
- Pure vegetarian (breakfast, lunch and dinner) meal as per plan.(Lhasa and Sightsee we use Nepali Restaurant for Vegetarian Meal under supervision with our team.) Rest place we cook our self through our kitchen team and serve you.
- Free kailash yatra duffel bag, down jacket and walking pole (to be refund after the yatra), Yatra bag as complementary.
- Professional, reliable, friendly and service oriented Nepali and yatra leader fluent speak in English and Hindi language and English speaking Tibetan guide in Tibet.
- Air condition luxury bus (28 Seats) and support truck for carrying yatra bag, equipment, food and staff from Kerung and Lhasa
- Lifesaving Portable Oxygen tank, mask-regulator support (for emergency) and first aid kit with high altitude sickness medicine.
- Daily health check by our train staff (Pulse Rate, Heart breath, Pressure, Oxygen Level)
- Yaks and yaks man for Kailash Kora to Derapuk-zutulbuk-darchen for to carry baggage and kitchen kits.
- Travel insurance for Nepali staff only.
- Free yatra complete certificate.

## Cost Exclude

- Personal expenses for China-Tibet
- All expenses of personal nature
- International flight fare to and from Lhasa
- Bar bills and Beverage
- Tip for staff
- Personal Travel insurance and Rescue Evacuation on the tour.
- Hiring horse, horse man and porter for 3-4 days parikrama ) Approx. 525\$ to 725\$
- Kailash Tour Rescue jeep incase needed if someone go back earlier than group
- Extra cost incurred in case of Landslide or natural problem.
- International Phone calls and media.
- Personal clothes & equipment for trekking tour

## Route Map



## Joint Group Cost:

US\$2900